**Harrison Invite**

* Team camps must be 30 feet from another camp, camp set up along baseball field near start.
* 50 Athlete limit per gender per race.
* Two waves of 25 starting 2 minutes apart
* Each team is allowed 7 runners per gender
* Athletes will come to the start line masked.
* All coaches will have a mask covering mouth and nose on at all times while at the event and be socially distanced.
* All athletes, when not competing, warming up, or cooling down, must wear a mask covering mouth and nose.
* All athletes will bring their own water as water will not be supplied.
* Boxes will be 6 feet apart and the runners time will start the gun for their wave. at the start line.
* ***Spectators will not be allowed at the race start/finish area.***
* All athletes, coaches, officials, timers, must keep six foot social distancing at all possible times.

**Schedule**

**September 11th @ El Pomar Sports Complex**

**All participants arrive by 2:30**

1. 4:00 pm: Boys Wave 1
2. 4:02pm: Boys Wave 2
3. 4:45 pm: Girls Wave 1
4. 4:47 pm: Girls Wave 2

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